

Events March 2026



TUESDAY, 10 AM - 12 PM, HEALTH CONSULTATION

Health advice for parents with breakfast
With a pediatric nurse and family health specialist

- 03/03 → When I'm Well, My Baby Is Well
- 03/10 → Trusting Myself - Am I a Good Mom?
- 03/17 → Open Q&A Session: Nadia answers all questions
- 03/24 → Energy Instead of Exhaustion - How Do I Regain My Strength
- 03/31 → I've Got a Question... with pediatrician Judith
Topic: Letting Go Without Losing. When My Child is Growing Up

WEDNESDAY, 10 AM - 12 PM, BABYTREFF

- 03/04
 - 03/11
 - 03/18
 - 03/25
- Play opportunities for babies
 - Meet and talk with other parents
 - Relaxed and welcoming atmosphere
- (For babies up to 18 months)

THURSDAY, 10 AM - 12 PM, TALK TO OUR FAMILY ADVISOR

- 03/05
 - 03/12
 - 03/19
 - 03/26
- Help with applications, forms, and questions about birth and family life (e.g. child benefit, parental allowance)
 - Referral to local support services
- (Appointments available only until 11:30 AM)

THURSDAY, 1 PM - 2:30 PM, STARTING DAYCARE

- 03/05
 - 03/12
 - 03/19
 - 03/26
- Support with registration & checking your Kindernet application
 - Still waiting for a daycare spot - what can you do?
 - Crèche, daycare, or childminder - what's the best fit for you?
- (Please bring your Kindernet email address and password)

